

TIGERWC

ABE INTENSIVE WRESTLING CAMP

CAMP INFORMATION

Abe Intensive Camp is designed for serious wrestlers who want to train during the summer to improve, excel, prepare and achieve their goals for the up-coming season. This camp will be intense and structured, serious wrestlers need only apply.

LOCATION

North Allegheny Sr. High School Wrestling Room
10375 Perry Hwy, Wexford, PA 15090

DATES & TIMES

Saturday August 10th, 2019

Guest Clinician: Pitt Head Wrestling Coach Keith Gavin

Coach Gavin is an NCAA Champion, 2 x NCAA Finalist, 2 x EWL Champion, 2 x US Freestyle Champion and a 5 x Team USA Freestyle Member!

10:00 - 11:30am	—	Technique & Live Wrestling
11:30 - 12:30pm	—	Break (Bring a snack)
12:30 - 2:00pm	—	Technique & Live Wrestling
2:00 - 2:30pm	—	Break
2:30 - 3:30pm	—	Power Hour!

COST

\$50 per wrestler or family. **Cash or check made payable to Sunny Abe.**

REGISTRATION

Please fill out the form below and send with payment to:

Sunny Abe
136 Birch Avenue
Pittsburgh, PA 15237

QUESTIONS

Sunny Abe

412-445-6225

sunnyabe@gmail.com

www.tigerwc.com

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ABE INTENSIVE WRESTLING CAMP REGISTRATION AUGUST

Wrestlers Name		Date Of Birth	Email	
_____		_____	_____	
School	Club	Wrestlers Age	Grade In School	
_____	_____	_____	_____	
Current Weight	Current Height	Years of Experience	T-Shirt Size	
_____	_____	_____	_____	
Address		City	State	Zipcode
_____		_____	_____	_____
Fathers Name		Phone		
_____		_____		
Mothers Name		Phone		
_____		_____		
Emergency Contact		Phone		
_____		_____		

Does the wrestler have any physical/medical conditions that TigerWC should be made aware of?

Is the wrestler currently taking any medications?

Liability Release: I, the undersigned, individually and as a parent/guardian of the above listed athlete(s), a minor, ask that he/she be admitted to participate in the club practice sponsored by Tiger Wrestling Club (TigerWC). I do hereby agree to release, discharge and hold harmless all parties involved, their owners, agents, TigerWC coaching staff and employees from all liabilities, damages, claims or demands whatsoever on account of any injury or accident involving the said minor arising out of the minor's attendance at the club practice or in the course of competition and/or activities held in connection with the club practice. I also give permission for my child to be photographed in relations that the photographs may be used on the web site to promote the TigerWC.

Parent/Guardian Signature	Parent/Guardian Printed Name	Date
_____	_____	_____