

TIGERWC

ABE INTENSIVE WRESTLING CAMP

CAMP INFORMATION

Abe Intensive Camp is designed for serious wrestlers who want to train during the summer to improve, excel, prepare and achieve their goals for the up-coming season. This camp will be intense and structured, serious wrestlers need only apply.

LOCATION

North Allegheny Sr. High School Wrestling Room
10375 Perry Hwy, Wexford, PA 15090

DATES & TIMES

Saturday June 22nd, 2019

Clinician: Sanshiro "Sunny" Abe

Coach Abe is a 4x NCAA Division 1 All american, 3x Big 10 Champion for PSU, 3x Japanese World Team Member, 1996 Olympian For Japan, 1996 NCAA Champion, 1995 Asian Games Gold Medalist.

10:00 - 11:30am	–	Technique & Live Wrestling
11:30 - 12:30pm	–	Break (Bring a snack)
12:30 - 2:00pm	–	Technique & Live Wrestling
2:00 - 2:30pm	–	Break
2:30 - 3:30pm	–	Power Hour!

COST

\$50 per wrestler or family. **Cash or check made payable to Sunny Abe.**

REGISTRATION

Please fill out the form below and send with payment to:

Sunny Abe
136 Birch Avenue
Pittsburgh, PA 15237

QUESTIONS

Sunny Abe

412-445-6225

sunnyabe@gmail.com

www.tigerwc.com

TIGERWC

ABE INTENSIVE WRESTLING CAMP REGISTRATION JUNE

Wrestlers Name

Date Of Birth

Email

School

Club

Wrestlers Age

Grade In School

Current Weight

Current Height

Years of Experience

T-Shirt Size

Address

City

State

Zipcode

Fathers Name

Phone

Mothers Name

Phone

Emergency Contact

Phone

Does the wrestler have any physical/medical conditions that TigerWC should be made aware of?

Is the wrestler currently taking any medications?

Liability Release: I, the undersigned, individually and as a parent/guardian of the above listed athlete(s), a minor, ask that he/she be admitted to participate in the club practice sponsored by Tiger Wrestling Club (TigerWC). I do hereby agree to release, discharge and hold harmless all parties involved, their owners, agents, TigerWC coaching staff and employees from all liabilities, damages, claims or demands whatsoever on account of any injury or accident involving the said minor arising out of the minor's attendance at the club practice or in the course of competition and/or activities held in connection with the club practice. I also give permission for my child to be photographed in relations that the photographs may be used on the web site to promote the TigerWC.

Parent/Guardian Signature

Parent/Guardian Printed Name

Date
